



EARTH'S GREEN ESSENTIALS

Multi Nutrient Complex
Containing Whole Foods Greens Blend

90 TABLETS • DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 3 Tablets • Servings Per Container: 30

Amount Per Serving	% Daily Value
Vitamin A (as Beta Carotene)	1,800 mcg 200%
Vitamin C (as Ascorbic Acid)	500 mg 556%
Vitamin D3 (as Cholecalciferol)	25 mcg (1000 IU) 125%
Vitamin E (as d-Alpha Tocopheryl Succinate)	13.42 mg 89%
Thiamin (Vitamin B-1) (as Thiamin Hydrochloride)	25 mg 2,083%
Riboflavin (Vitamin B-2)	25 mg 1,923%
Niacin (as Niacinamide)	25 mg 156%
Vitamin B6 (as Pyridoxine HCL)	25 mg 1,471%
Folate	666.8 mcg DFE (400 mcg Folic Acid) 167%
Vitamin B12 (as Cyanocobalamin)	250 mcg 10,417%
Biotin (as d-Biotin)	300 mcg 1,000%
Pantothenic Acid (as d-Calcium Pantothenate)	30 mg 600%
Calcium (as Calcium Carbonate, Dicalcium Phosphate)	1000 mg 77 %
Iodine (from Kelp)	150 mcg 100%
Magnesium (as Magnesium Oxide)	5 mg 1%
Zinc (as Zinc Oxide)	15 mg 136%
Selenium (L-Selenomethionine)	25 mcg 45%
Copper (as Copper Amino Acid Chelate)	0.5 mg 56%
Manganese (as Manganese Amino Acid Chelate)	4 mg 174%
Chromium (as Chromium Picolinate)	100 mcg 286%
Molybdenum (as Molybdenum Amino Acid Chelate)	51 mcg 113%
Potassium (as Potassium Chloride)	50 mg 1%
Choline Bitartrate	50 mg 9%
Citrus Bioflavonoid Complex (Citrus spp.) (fruit)	60 mg *
Inositol	25 mg *
PABA (Para Aminobenzoic Acid)	25 mg *
RNA (Ribonucleic Acid)	22.5 mg *
Hesperidin Complex (Citrus spp.) (fruit)	20 mg *
Rutin	10 mg *

Quercetin	10 mg *
L-Glutathione	2 mg *
Boron (as boron citrate, boron aspartate, & boron glycinate)	1 mg *
DNA (Deoxyribonucleic Acid)	1 mg *
Lutein	10 mcg *
Whole Foods Blend	1200 mg (1.2 g) *
Oat Straw (<i>Avena sativa</i>) (from 10:1 extract), Spirulina (<i>Arthrospira platensis</i>) (plant), Apple Pectin (<i>Malus pumila</i>) (fruit), Chlorella (<i>Chlorella vulgaris</i>) (herb), Barley Grass (<i>Hordeum vulgare</i>) (leaf), Sodium Copper Chlorophyllin (leaf)	
Omega Blend	150 mg *
Flaxseed Powder (<i>Linum usitatissimum</i>)	
Herb Blend	100 mg *
Echinacea (<i>Echinacea purpurea</i>) (aerial), Ginger (<i>Zingiber officinale</i>) (root), Milk thistle (<i>Silybum marianum</i>) (seed), Cayenne (<i>Capsicum annuum</i>) (fruit), Goldenseal (<i>Hydrastis canadensis</i>) (from 4:1 extract) (root), Korean Ginseng Extract (<i>Panax ginseng</i>) (root), Ginkgo Biloba Extract 24% (Ginkgo biloba) (leaf)	
Vegetable Blend	100 mg *
Garlic (<i>Allium sativum</i>) (bulb), Beet Root Powder (<i>Beta vulgaris</i>), Kale (<i>Brassica oleracea</i>) (leaf) (from 4:1 extract), Carrot Powder (<i>Daucus carota</i>) (root), Astragalus (<i>Astragalus membranaceus</i>) (root) (from 10:1 extract), Broccoli (<i>Brassica oleracea</i>) (sprout), Cabbage Juice Powder (<i>Brassica oleracea capitata</i>) (leaf)	
Fruit Blend	100 mg *
Grapefruit (<i>Citrus paradisi</i>) (fruit) (from 25:1 extract), Bilberry (<i>Vaccinium myrtillus</i>) (fruit) (from 4:1 extract), Blueberry (<i>Vaccinium corymbosum</i>) (fruit) (from 5:1 extract), Apple (<i>Malus spp.</i>) (fruit), Papaya Fruit (<i>Carica papaya</i>) (fruit), Peach Juice Powder (<i>Prunus persica</i>) (fruit), Strawberry (<i>Fragaria virginiana</i>) (fruit), Pomegranate Extract (<i>Punica granatum</i>) (hull), Pineapple (<i>Ananassa sativa</i>) (fruit), Orange Juice Powder (<i>Citrus sinensis</i>) (fruit), Noni (<i>Morinda citrifolia</i>) (fruit) Cranberry (<i>Vaccinium macrocarpon</i>) (fruit) (from 50:1 extract), Acai (<i>Euterpe oleracea</i>) (fruit) (from 20:1 extract),	
Triple Mushroom Blend	50 mg *
Shiitake (<i>Lentinus edodes</i>) (fungus) (from 4:1 extract), Maitake (<i>Grifola frondosa</i>) (fungus) (from 4:1 extract), Reishi Extract (<i>Ganoderma lucidum</i>) (Standardized to 35% Polysaccharides)	
Enzyme Blend	50 mg *
Betaine Hydrochloride, Bromelain (from Pineapple), Papain (Papaya Enzyme), Amylase, Lipase, Cellulase, Protease	
Ultra Probiotic Blend	3 mg *
<i>L. acidophilus</i> , <i>L. salivarius</i> , <i>B. bifidum</i> , <i>L. paracasei</i>	

* Daily Value (DV) is not established.

Other Ingredients: Vegetable Stearic Acid, Cellulose (Plant Origin), Starch, Croscarmellose, Vegetable Magnesium Stearate, Sillica, Cellulose Coating.

Contains fish, milk, wheat and soy ingredients. Kelp ingredient may contain trace amounts of fish or shellfish.

Directions: For adults, take three (3) tablets daily, preferably with a meal or as desired, or as directed by a health care professional.

Warning: If you are pregnant, nursing or taking any medications, consult your doctor before use. If any adverse reactions occur, immediately stop using this product and consult your doctor. Keep out of reach of children. Store in a cool, dry place.

Laboratory Tested And Manufactured For:
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