

THE VITAMIN SHOPPE®

BORAGE OIL

1000 MG

women's health ^v

healthy skin ^v

OMEGA FATTY ACIDS

Dietary Supplement

90 Softgels



Gluten-Free



Dairy-Free



Soy-Free



Nut-Free

actual size

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	10	
Total Fat	1 g	1% [†]
Borage Oil	1000 mg	*
<i>(Borago officinalis)</i> (seed) providing:		
Linoleic Acid	280 mg**	*
Gamma Linolenic Acid	160 mg**	*
Oleic Acid	90 mg**	*

[†] Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

OTHER INGREDIENTS: Gelatin, glycerin, purified water, mixed tocopherols^{††}.

DOES NOT CONTAIN: Gluten, Sugar, Salt, Preservatives, Artificial Colors or Flavors.

** Naturally occurring, amounts may vary.

^{††} According to the FDA allergen labeling requirements, highly refined oils used in this product are not considered allergenic due to the removal of the protein allergens.

DIRECTIONS: Take one (1) softgel daily, preferably with a meal.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

∇ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

TAMPER EVIDENT

Do not use if outer seal is broken or missing.

Distributed by:

The Vitamin Shoppe
Secaucus, NJ 07094

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