

60 CAPSULES
DIETARY SUPPLEMENT

100 MG

L-5-Hydroxy Tryptophan

5-HTP

tnvitamins



Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 60

| Amount Per Serving | % Daily Value |
|---------------------------------------------------------------------|---------------|
| 5-HTP | 100 mg * |
| (5-hydroxytryptophan) (from Griffonia simplicifolia extract) (seed) | |

*Daily Values (DV) is not established.

Other Ingredients: Rice Powder, Gelatin Capsule, Vegetable Magnesium Stearate, Silica.

Direction: As a dietary supplement for adults, take one (1) capsule on an empty stomach three times daily as needed or at bedtime as 5-HTP may produce drowsiness, or as directed by a healthcare provider.

Free Of: Gluten, Wheat, Yeast, Milk, Lactose, Soy, Artificial Color, Artificial Flavor, Artificial Sweetener, Preservatives. **NON GMO.**

Caution: Pregnant or lactating women should consult a doctor before use. If you are under medical supervision, please consult a doctor before use. Discontinue use and consult a doctor if any adverse reactions occur.

Keep out of reach of children.

AB3010T

Laboratory Tested And Manufactured For:
TOTAL NUTRITION, INC. • FARMINGDALE, NY 11735 USA

Reorder tnvitamins.com
800-645-4446



Rev 8/19