

SUGGESTED USE: 2 SCOOPS PER DAY
OR AS DIRECTED BY YOUR HEALTHCARE
PROFESSIONAL. MAY BE TAKEN IN
DIVIDED DOSES. MIX WITH 8 OZ WATER
OR OTHER LIQUID. ALSO MAY BE
SPRINKLED ON FOOD.

WARNING: IF TAKING MEDICATION,
PREGNANT OR NURSING CONSULT
A PHYSICIAN BEFORE USING.

MANUFACTURED FOR:
MOSS NUTRITION
PRODUCTS, INC.
380 RUSSELL STREET
HADLEY, MA 01035
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WWW.MOSSNUTRITION.COM



Cold-Milled
Premium Quality



Dietary Supplement
Net Wt 252 g (8.9 oz)

Supplement Facts

Serving Size: 5.6 grams (approx. 2 scoops/teaspoons)
Servings Per Container: 45

	Amount Per Serving	% Daily Value
Calories	30	
Calories from Fat	20	
Total Fat	2 g	3%*
Total Carbohydrate	2 g	1%*
Dietary Fiber	2 g	7%*
Protein	1 g	
Organic Flaxseed (<i>Linum usitatissimum</i>)	5.6 g	**

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Does not contain gluten.

KEEP OUT OF REACH OF CHILDREN.
STORE SEALED IN A COOL, DRY PLACE.
REFRIGERATE AFTER OPENING.