



OAT BRAN

Rich Source
Of Soluble Fiber



1000 MG | **250 Tablets**
Dietary Supplement

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	% Daily Value
Oat Bran (<i>Avena sativa</i>)	1000 mg *

* Daily Value (DV) is not established.

Other Ingredients: Microcrystalline Cellulose, DiCalcium Phosphate, Silica, Maltodextrin, Magnesium Stearate, Stearic Acid, Croscarmellose Sodium, Pharmaceutical Glaze.

Directions: As a dietary supplement, take one (1) or two (2) tablets before each meal. More tablets may be taken if desired, or as directed by a health care professional. When taking fiber supplements, it is desirable to take adequate amounts of water.

Caution: Pregnant or lactating women should consult a doctor before use. If you are under medical supervision, please consult a doctor before use. Discontinue use and consult a doctor if any adverse reactions occur.

Keep out of reach of children.
Store in a cool, dry place.

Laboratory Tested And Manufactured For:

TOTAL NUTRITION, INC. • FARMINGDALE, NY 11735 USA

Reorder  **800-645-4446**

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