



MAGNESIUM CITRATE 200 MG

DIETARY SUPPLEMENT
250 TABLETS

Supplement Facts

Serving Size: 2 Tablets
Servings Per Container: 125

Amount Per Serving	% Daily Value
Magnesium (as Magnesium Citrate)	400 mg 95%

Other Ingredients: Dicalcium Phosphate, Cellulose (Plant Origin), Croscarmellose, Vegetable Stearic Acid, Vegetable Magnesium Stearate, Silica, Cellulose Coating, Titanium Dioxide Color.

Directions: As a dietary supplement for adults, take two (2) tablets daily, preferably with a meal, or as directed by a health care professional.

Caution: Pregnant or lactating women should consult a doctor before use. If you are under medical supervision, please consult a doctor before use. Discontinue use and consult a doctor if any adverse reactions occur.

Keep out of reach of children.

Laboratory Tested And Manufactured For:
TOTAL NUTRITION, INC. • FARMINGDALE, NY 11735 USA

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