

Essential Amino Acids		Non-Essential Amino Acids	
L-Leucine*	2619 mg	L-Arginine	853 mg
L-Isoleucine*	1981 mg	L-Aspartic Acid	2486 mg
L-Valine*	1447 mg	L-Cysteine	255 mg
L-Lysine	2224 mg	L-Alanine	932 mg
L-Threonine	1941 mg	L-Glutamic Acid	3955 mg
L-Methionine	350 mg	L-Glycine	414 mg
L-Phenylalanine	732 mg	L-Histidine	365 mg
L-Tryptophan	552 mg	L-Proline	642 mg
		L-Serine	670 mg
		L-Tyrosine	582 mg

DIRECTIONS: Mix 1 scoop (26 grams) of **Ultimate Nutrition IsoCool™** into 8oz of water, juice or milk. For a thicker shake, mix into 4oz of water, juice or milk. **Ultimate Nutrition IsoCool™** mixes well, and can be prepared in a blender, shaker cup, or in a glass with a spoon. For maximum muscle growth, take before and after your workout.

Ultimate Nutrition IsoCool™ is produced through an exclusive and innovative technology called ColdPure ultrafiltration. ColdPure ultrafiltration isolates the native whey protein in a highly bioactive form using an advanced low temperature ultrafiltration process. ColdPure ultrafiltration produces a superior bioactive whey that is non-denatured and contains the highest content of essential amino acids (EAAs) and branched chain amino acids (BCAAs). ColdPure ultrafiltration provides you with a great tasting protein shake with zero carbohydrates, sugar and fat. Each serving of **Ultimate Nutrition IsoCool™** contains 23 grams of protein isolate per serving.

Protein plays a number of different roles in the body including repairing body cells, building and repairing muscles and bones, providing a source of energy, and controlling many of the important processes in the body related to metabolism. Whey protein is a high quality, complete protein, with all of the essential amino acids. Whey protein is also the richest known source of naturally occurring branched chain amino acids (leucine, isoleucine and valine). These are important for active individuals, individuals who exercise and professional athletes. The body requires higher amounts of branched chain amino acids during and following exercise as they are taken up directly by the skeletal muscles instead of being metabolized through the liver first, like other amino acids. Fuel your muscles with the protein they need with **Ultimate Nutrition IsoCoolTM**



ULTIMATE NUTRITION®

The logo features the letters "ISO" in a large, bold, sans-serif font with a red-to-white gradient and a thick white outline. Below "ISO", the word "Cool" is written in a large, elegant, gold-colored script font. A small "TM" trademark symbol is positioned to the right of "Cool". The background is dark grey with a repeating pattern of small, light grey circles.

- **23 Grams of Premium Whey Protein Isolate**
- **Zero Carbohydrates**
- **Zero Sugar**
- **Zero Fat**

DELICIOUS WHEY ISOLATE SHAKE

NET WT. 2 LB (907 G)

Serving Size: 1 Scoop (about 26g)
Servings per Container: about 35

* Percent Daily values are based on a 2000 calorie diet.
Your daily values may be higher or lower depending on
your calorie needs.

	Calories:	2000	2500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300mg	375mg
Dietary Fiber		25g	30g
Protein		50g	65g

Ingredients: Premium Whey Protein Isolate, Natural and Artificial Flavors, Sucralose, Acesulfame Potassium, and Soy Lecithin

Contains Milk, Soy

Notice: Use this product as a food supplement only.
Do not use for weight reduction.