

MAGNESIUM COMPLEX A.M.

500 MG
per 2 tablets

bone health 

healthy teeth 

MINERAL

Dietary Supplement 100 Tablets



Gluten-Free



Dairy-Free



Soy-Free



Nut-Free

actual size

Supplement Facts

Serving Size 2 Tablets

Servings Per Container 50

	Amount Per Serving	% Daily Value
Calcium (as dicalcium phosphate)	75 mg	6%
Phosphorus (as dicalcium phosphate)	58 mg	5%
Magnesium (as magnesium oxide, citrate, microcrystalline hydroxyapatite)	500 mg	119%

OTHER INGREDIENTS: Microcrystalline cellulose, stearic acid, croscarmellose sodium, magnesium stearate, silicon dioxide, aqueous white film coating (purified water, hydroxypropyl methylcellulose, polyethylene glycol, titanium dioxide).

DOES NOT CONTAIN: Gluten, Sugar, Salt, Preservatives, Artificial Colors or Flavors.

DIRECTIONS: Take two (2) tablets twice daily, preferably with breakfast and lunch.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

 These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT Do not use if outer seal is broken or missing.

Distributed by:

The Vitamin Shoppe

Secaucus, NJ 07094

Visit www.vitaminshoppe.com

or call 1-866-293-3367.

Item No. VS-1400

1047029

