

100 SOFTGELS | DIETARY SUPPLEMENT

**tnvitamins**

Cold Pressed

**FLAX OIL**

**1000 MG**

## Supplement Facts

Serving Size: 1 Softgel

	Amount Per Serving	%DV
Calories	10	
Total Fat	1 g	2%*
Organic Flaxseed Oil	1,000 mg	**
Typical Fatty Acid Profile:		
Alpha-Linolenic Acid (Omega-3)	400 mg	**
Linoleic Acid (Omega-6)	120-180 mg	**
Oleic Acid (Omega-9)	120-180 mg	**

\*Percent Daily Values are based on a 2,000 calorie diet.

\*\* Daily Value (DV) is not established.

**Other Ingredients:** Gelatin, glycerin.

**Free of:** Gluten, Wheat, Yeast, Milk, Lactose, Soy, Artificial Color, Artificial Flavor, Artificial Sweetener, Preservatives. NON GMO

**Directions:** For adults, take one (1) to three (3) Softgels one to three times daily, preferably with meals, or as directed by a healthcare professional.

**Caution:** Pregnant or lactating women should consult a doctor before use. If you are under medical supervision, please consult a doctor before use. Discontinue use and consult a doctor if any adverse reactions occur.

Keep out of reach of children.  
Store in a cool, dry place.

Laboratory Tested And Manufactured For:

**TOTAL NUTRITION, INC. • FARMINGDALE, NY 11735 USA**

**Reorder**  
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