

1200 MG | **120 SOFTGELS**
DIETARY SUPPLEMENT

OMEGA 3•6•9

Fish, Flax & Borage
Combination

tnvitamins[®]

Supplement Facts

Serving Size: 3 Softgels

Servings Per Container: 40

| | Amount Per Serving | %DV |
|--|--------------------|-----|
| Calories | 30 | |
| Calories from Fat | 30 | |
| Total Fat | 3.5 g | 5% |
| Saturated Fat | 1 g | 5% |
| Polyunsaturated Fat | 2.5 g | * |
| Fish Oil (Omega-3) | 1,200 mg | * |
| Typical Fatty Acid Profile: Omega-3 - EPA (eicosapentaenoic acid) 16-22%, DHA (docosahexaenoic acid) 10-14% | | |
| Flaxseed Oil (Omega 3, 6 & 9) | 1,200 mg | * |
| Typical Fatty Acid Profile: Omega-3 Alpha-Linolenic Acid 40-60%, Omega-6 Linoleic Acid 12-18%, Omega-9 Oleic Acid 12-18% | | |
| Borage Oil (Omega 6 & 9) | 1,200 mg | * |
| Typical Fatty Acid Profile: Omega-6 Linoleic Acid 30-40% Omega-6 Gamma-Linolenic Acid 19-26% Omega-9 Oleic Acid 12-18% | | |

*Daily Values (DV) are not established.

** Percent Daily Values are based on a 2,000 calorie diet.

Other Ingredients: Gelatin, Vegetable Glycerin.

CONTAINS: FISH (ANCHOVY, MACKEREL, SARDINE) INGREDIENTS

Directions: For adults, take three (3) softgels daily, preferably with meals, or as directed by a healthcare professional.

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Warning: If you are pregnant, nursing or taking any medications, consult your doctor before use. If any adverse reactions occur, immediately stop using this product and consult your doctor.

Keep out of reach of children.
Store in a cool, dry place.

Laboratory Tested And Manufactured For:

TOTAL NUTRITION, INC. • FARMINGDALE, NY 11735 USA

Reorder
tnvitamins.com

800-645-4446

A8872T



Rev 8/18

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