



Vitamin C

Complex • 500 mg

With Rose Hips & Bioflavonoids

100 TABLETS
DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Tablet
Servings Per Container: 100

	Amount Per Serving	%DV
Vitamin C (as ascorbic acid)	500 mg	556%
Citrus Bioflavonoids	35 mg	*
Rose Hips (<i>Rosa canina</i>) (fruit)	25 mg	*

*Daily Value (DV) is not established.

Other Ingredients: Ascorbic acid, Cellulose (plant origin), Citrus Bioflavonoids, Rose Hips, Vegetable Magnesium Stearate, Vegetable Stearic Acid, Silica, Cellulose Coating.

Directions: As a dietary supplement for adults, take one (1) tablet daily, preferably with a meal, or as directed by a health care professional.

Caution: Pregnant or lactating women should consult a doctor before use. If you are under medical supervision, please consult a doctor before use. Discontinue use and consult a doctor if any adverse reactions occur.

Keep out of reach of children.

Laboratory Tested And Manufactured For:

TOTAL NUTRITION, INC. • FARMINGDALE, NY 11735 USA

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