

5000 MCG | **60 TABLETS**
DIETARY SUPPLEMENT

B₁₂

**SUBLINGUAL
METHYLCOBALAMIN**

tnvitamins

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	% Daily Value	
Vitamin B-12 (as methylcobalamin)	5,000 mcg	208,333%
Daily Value (DV) is not established		

Other Ingredients: Mannitol, Natural Flavors, Cellulose (plant origin), Crospovidone, Beet Root Powder, Dextrose, Vegetable Stearic Acid, Vegetable Magnesium Stearate, Sucralose, Silica.

Directions: As a dietary supplement for adults, take one (1) tablet daily, Preferably with a meal, or as directed by a health care professional.

Caution: Pregnant or lactating women should consult a doctor before use. If you are under medical supervision, please consult a doctor before use. Discontinue use and consult a doctor if any adverse reactions occur.

**Keep out of reach of children.
Store in a cool, dry place.**

Laboratory Tested And Manufactured For:

TOTAL NUTRITION, INC. • FARMINGDALE, NY 11735 USA

Reorder tnvitamins.com 800-645-4446

AB7080T



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