Tupical Amino Acid Profile - Each serving contains:

Essential Amino Acids		Non-Essential Amino Acids	
L-Leucine*	3192 mg	L-Arginine	455 mg
/ L-Isoleucine*	1540 mg	L-Aspartic Acid	2565 mg
L-Valine*	1275 mg	L-Cystine	920 mg
L-Lysine	2568 mg	L-Alanine	1262 mg
L-Threonine	1044 mg	L-Glutamic Acid	4216 mg
L-Methionine	512 mg	L-6lycine	473 mg
L-Phenylalanine	960 mg	L-Histidine	512 mg
L-Tryptophan	636 mg	L-Proline	1033 mg
		L-Serine	977 mg
		L-Tyrosine	860 mg/

* Total Branch Chain Amino Acids (BCAAs) 6007 ma Total Essential Amino Acids (EAAs) 11727 mg Total Amino Acids 25000 mg

DIRECTIONS: Take 1 - 3 servings daily. For maximum muscle growth, take before and after your workout.

#FAST: Mix 1 scoop (30 grams) of Ultimate Nutrition Prostar 100% Whey Protein into 8oz of water or milk in a blender. If desired, add fruit, peanut butter, yogurt, or ice cream. Blend for 30 - 45 seconds.

##FASTER: Mix 1 scoop (30 grams) of Ultimate Nutrition Prostar 100% Whey Protein into 8oz of water or milk in a shaker cup. Shake for 25-30 seconds.

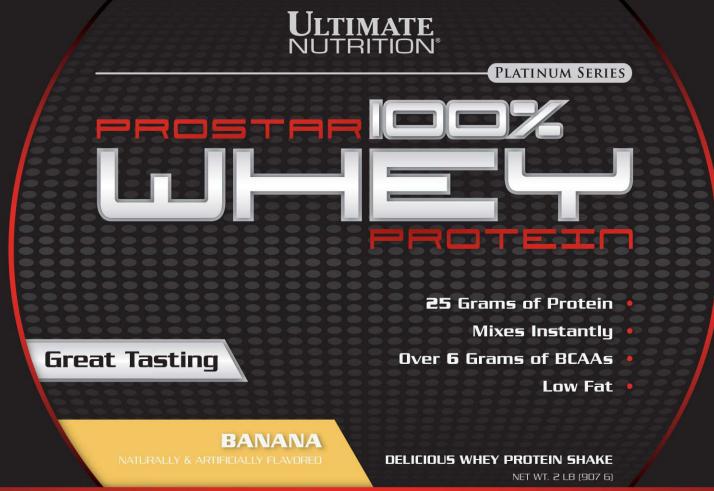
IMINETA STEST: Mix 1 scoop (30 grams) of Ultimate Nutrition Prostar 100% Whey Protein into an Soz glass of water or milk. For a thicker shake, mix into 4oz of water or milk. Ultimate Nutrition Prostar 100% Whey Protein is instantized so it will mix easily with a spoon.

To meet the needs of athletes, researchers at Ultimate Nutrition have developed Ultimate Nutrition Prostar Whey with all the essential and nonessential amino acids to build muscle after intense exercise of both short. and long duration. It is a customized whey that is isolated by a complex low temperature processing system that utilizes a proprietary micro and ultra filtration process to ensure the highest quality whey protein. Ultimate Nutrition Prostar Whey contains all the whey protein fractions such as Beta Lactoglobulin, Alpha Lactalbumin, Glycomacropeptide, Immunoglobulins, Proteose Peptones, Serum Albumin, Lactoferrin and

Since exercise can take a toll on the immune system, Ultimate Nutrition Prostar Whey is the nutritional protein shake of choice for those who lead an active lifestyle. Ultimate Nutrition Prostar Whey is not just for the athlete however, it supports muscle maintenance, buildup and toning for anyone from weekend warriors to hardcore bodybuilders. Furthermore, it provides wholesome support for compromised or wasting muscle due to advancing years. Ultimate Nutrition Prostar Whey is the nutrition for the champions, no matter what



Distributed by: Ultimate Nutrition, Inc. P. O. Box 643 Farmington, CT



Nutrition Facts

Servings per Container: about 30

Amount per Serving					
Calories 120		Calo	ries from	Fat 10	
			% Da	ily Value*	
Total Fat 1g				2%	
Saturated Fat 0.5	g			3%	
Trans Fat Og	-1-0				
Cholesterol 20mg				7%	
Sodium 30mg				1%	
Total Carbohydrates	2g			1%	
Dietary Fiber Og				0%	
Sugars 1g					
Protein 25g				50%	
Vitamin A 2%	•	Vit	amin C (3%	
Calcium 20%	•	Iro	Iron 2%		
* Percent Daily values are I Your daily values may be on your calorie needs.	higher				
Total Fat	Les	s than	65g	80g	
Sat Fat	Les	s than	20g	25g	
Cholesterol	Les	ss than	300mg	300mg	
Sodium	Les	ss than	2400mg	2400mg	

Ingredients: Protein Blend (Whey Protein Isolate, Whey Protein Concentrate and Whey Peptides), Soy Lecithin, Natural Banana Flavor, Acesulfame Potassium, Natural and Artificial Vanilla Flavor, and Sucralose

300mg 375mg

25g

50g

Contains Milk, Soy

Total Carbohydrate

Dietary Fiber

Notice: Use this product as a food supplement only. Do not use for weight reduction.