

Keep Out of Reach of Children

SUGGESTED USE: One (1) capsule, 30 minutes before bedtime, preferably take on an empty stomach.

CAUTION: If you are pregnant or currently lactating, consult a health care professional before using this product.

STORE: Store in a cool, dry place. Do not use this product if the safety seal is broken.

* These statements have not been evaluated by the FDA. This product is not intended to diagnose, cure or prevent any disease.

seniorlifehealth.com

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SeniorLife
HEALTH



SLEEP ALL NITE NATURALS™



30 CAPSULES
DIETARY SUPPLEMENT

**Supports
Restful Sleep***

Supplement Facts

Serving Size: 1 Capsule

Amount Per Serving	% Daily Value	
Vitamin C (from magnesium ascorbate)	4.5mg	8
Niacin (as inositol hexanicotinate)	5mg	25
Vitamin B6 (as pyridoxine HCL)	5mg	250
Magnesium (as magnesium ascorbate)	60mg	15
L-tryptophan	500mg	*
Chamomile Extract	25mg	*
Valerian Extract	25mg	*
Melatonin	1mg	*
Inositol Niacinate (from Inositol Hexanicotinate)	1.43mg	*

* Daily Value not established

Other ingredients: Cellulose, microcrystalline cellulose, silicon dioxide, magnesium stearate.