



Dietary Supplement

240 Softgels



Gluten-Free



Dairy-Free



Soy-Free



Nut-Free



Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Vitamin A (from cod liver oil)	375 mcg (1250 IU)	40%
Vitamin D (from cod liver oil)	3 mcg (135 IU)	15%

OTHER INGREDIENTS: Cod liver oil, gelatin, glycerin, purified water.

CONTAINS: Fish (cod).

DOES NOT CONTAIN: Gluten, Sugar, Salt, Preservatives, Artificial Colors or Flavors.

⚠ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: Take one (1) softgel up to three (3) times daily, preferably with meals.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

**STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

TAMPER EVIDENT

Do not use if outer seal is broken or missing.

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The Vitamin Shoppe

Secaucus, NJ 07094

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Item No. VS-2939

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