Directions: Stir or blend two scoops (44.5 g) into 8 ounces of cold water. Take once per day or as directed by your healthcare practitioner. To increase sweetness, use less water. To decrease sweetness, add more water.

Total Vegan® is a revolutionary plant protein blend featuring five vegan protein sources - yellow pea, rice, hemp, chia and cranberry - to provide a well-balanced amino acid profile in a high protein formula. In addition to the well-rounded protein profile, Total Vegan® features many unique ingredients to support the immune system, the digestive system, body composition, bone health and detoxification.\* Yellow pea and rice protein provide a branch chain amino acid profile that is comparable to whey protein, providing high amounts of cysteine, lysine and methionine. This formula contains three additional protein sources, each with unique properties: organic hemp protein, which is rich in edestin to support the immune system; chia protein, which is desired by athletes for its endurance boosting properties and promotes hydration and a sense of fullness; and cranberry fruit, which has urinary tract and antioxidant benefits.\* L-glutamine and I-taurine are added to Total Vegan® to support an increase in lean muscle mass.\* Total Vegan® contains Aminogen®++, a patented plant-derived enzyme blend, which helps the body break down and absorb more amino acids from protein.\* It is clinically proven to release 100% more plasma amino acids, 250% more branched-chain amino acids and boost nitrogen retention by 32%.\*

NuMedica's patented BrocColinate®# offers high amounts of sulforaphane glucosinolate# and is provided along with calcium d-glucarate to offer powerful phase II detoxification support.\* Therapeutic doses of suma root and arabinogalactans are provided for digestive and immune system support.\* Suma root has powerful adaptogenic qualities that aid the body's ability to resist physical, biological and emotional stressors.\* For optimal weight management, Medium-Chain Triglycerides (MCT's) are included for their ability to support thermogenesis in the body and thereby contribute to an enhanced metabolism.\* AlgaeCal<sup>ett</sup> is a high quality, all-natural, ocean algae - an excellent wholefood source of plant based calcium, magnesium and many bone supporting trace minerals.\* Clinical studies show the unique properties of AlgaeCal®## support the growth of bone.\*

Total Vegan® has only 6 net carbohydrates and has a high (4:1) protein to net carbohydrate ratio, making it ideal for those with high protein and low carbohydrate needs.\* This 4:1 ratio makes Total Vegan® compatible with NuMedica's hc3 Trim™ Lifestyle Program. Net carbs are those which impact blood sugar levels. Net carbs are calculated by subtracting non-impact carbs such as fiber and sugar alcohols (xylitol) from the total carbohydrate count.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Contents sold by weight, not volume. Some settling may occur during shipping and handling. The amount of product contained in 2 scoops may be above or below 44.5 grams due to variations in handling and product density.

Does Not Contain: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, artificial colors, sweeteners or preservatives. Caution: Keep out of reach of children.

Storage: Keep tightly closed in a cool, dry place.













d Profile mg per	serving	1.140	2,117	1,886	284	1,333	937	226	1,218	mg per	serving	1,081	2,297	2,837	266	4,443	200	1,012	616	1,350	1,326	200	000
fypical Amino Acid Profile Essential mg	Amino Acids	_	Leucine	-Lysine	Methionine	Phenylalanine	Threonine	Tryptophan	Valine	Von-Essential	Amino Acids	Alanine	Arginine	Aspartic Acid	Cysteine	<ul> <li>Glutamic Acid</li> </ul>	Glutamine	Glycine	Histidine	Proline	Serine	Taurine	Tuccoino

Calories Calories from fat Calories from fat Calories from fat Calories from fat  Total Fat Total Fat Total Carbohydrates Total Carbohydrates  Total Carbohydrates  Total Carbohydrates  Total Carbohydrates  Sugars Cylitol Sugars Cylitol Calorium Caloriamine C	s solate. rice protein, so bank value and seed are serving and seed are serving and seed are serving as solate. rice protein, organic heap are solate. rice protein special are serving as solate. rice protein special are serving as a solate. rice protein, organic heap protein glice are based on a 2,000 calorie diet.	s rries from fat tr tr bohydrates ary Fiber		IIIy value
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