

THE VITAMIN SHOPPE®

CALCIUM CITRATE PLUS MAGNESIUM & VITAMIN D

bone health ^v

healthy teeth ^v

MINERAL

Dietary Supplement 100 Capsules



Gluten-Free



Dairy-Free



Soy-Free



Nut-Free

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 50

	Amount Per Serving	% Daily Value	Amount Per 6 Capsules	% Daily Value
Vitamin D (as cholecalciferol)	5 mcg (204 IU)	25%	15 mcg (612 IU)	75%
Calcium (as calcium citrate)	333 mg	25%	999 mg	75%
Magnesium (as oxide, aspartate, citrate)	189 mg	45%	567 mg	135%

* Daily Value not established.

OTHER INGREDIENTS: Gelatin, magnesium stearate.

actual size

DIRECTIONS: Take two (2) capsules three times daily, preferably two (2) with each meal.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

^v These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

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