

Magnesium is an essential electrolyte mineral involved in maintaining proper cardiovascular, nerve, and muscle health. The primary function is to activate enzymes. More than half of the body's magnesium is stored in the bones, 27% in muscle and the remainder in soft body tissues, cells and fluids. Magnesium is critical in energy production.

Our **Mega Magnesium[®]** contains a combination of three different forms of magnesium.[†]

**WE GUARANTEE OUR SUPPLEMENTS
FOR POTENCY AND PURITY**

To report a serious adverse event, call 1-888-710-0005

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



VILLAGE
VITALITY

Mega Magnesium[®]

Promotes Optimal Muscle, Nerve,
and Bone Health[†]

Dietary Supplement
90 VEGETARIAN CAPSULES



Distributed by:
Village Vitality, LLC • Saugerties, NY 12477

Supplement Facts

Serving Size 3 Capsules

Servings Per Container 30

Amount Per Serving

% Daily Value

Magnesium (from amino acid
chelate, citrate and malate)

400 mg

100%

Malic acid

222 mg

* Daily Value not established.

Other Ingredients: Vegetarian capsule (cellulose), silicon dioxide, magnesium stearate (vegetable source).

SUGGESTED USE: Take three capsules daily, preferably with meals, in divided doses, or as directed by your healthcare practitioner.

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish. Suitable for vegans

KEEP OUT OF REACH OF CHILDREN.

VL 610-90H