

- Sweetened with Stevia
- Digestive Enzymes for Absorption
- No Artificial Fillers
- Only 3 Grams of Carbohydrates per Serving
- No Amino Spiking
- 24 Grams of Protein per Serving
- Protein Source is 100% Whey Protein

sweetened with  
**stevia**

**IMSOALPHA**

# 100% ALL NATURAL INSTANTIZED WHEY PROTEIN

**NO ARTIFICIAL COLORS, SWEETENERS OR PRESERVATIVES,  
CONTAINS DIGESTIVE ENZYMES FOR ABSORPTION,  
MIXES EASILY & TASTES GREAT**

**NATURAL VANILLA**

NATURAL FLAVORS

Net wt 907g (32oz)



INSTANTIZED WHEY PROTEIN contains no artificial additives; flavored only with the best ingredients, and sweetened to perfection with Stevia, the absolute best, low calorie, all natural sweetener on the market.

The protein in INSTANTIZED WHEY PROTEIN is absorbed immediately, flooding your muscles with critical amino acids. This makes INSTANTIZED WHEY PROTEIN the perfect protein to take immediately after your workout, when your muscles most crave protein.

**DIRECTIONS:** Mix one (1) rounded scoop with 4-6oz. of water, milk, or your favorite beverage. Vary the amount of liquid for taste preference.

**WARNING:** Consult a physician prior to use if you have any medical conditions. Do not use if pregnant or lactating.

**KEEP OUT OF REACH OF CHILDREN.**

\*\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

## NUTRITION FACTS

Serving Size: 1 Rounded Scoop (30g)  
Servings Per Container: 28

| Amount Per Serving        |               |                          |            |
|---------------------------|---------------|--------------------------|------------|
| <b>Calories</b>           | <b>130</b>    | <b>Calories from Fat</b> | <b>20</b>  |
|                           |               | % Daily Value*           |            |
| <b>Total Fat</b>          | <b>2 g</b>    |                          | <b>3%</b>  |
| Saturated Fat             | 1.5 g         |                          | <b>8%</b>  |
| <b>Cholesterol</b>        | <b>60 mg</b>  |                          | <b>20%</b> |
| <b>Sodium</b>             | <b>50 mg</b>  |                          | <b>2%</b>  |
| <b>Potassium</b>          | <b>210 mg</b> |                          | <b>6%</b>  |
| <b>Total Carbohydrate</b> | <b>3 g</b>    |                          | <b>1%</b>  |
| Sugar                     | 3 g           |                          |            |
| <b>Protein</b>            | <b>24 g</b>   |                          |            |

|                   |            |   |                  |           |
|-------------------|------------|---|------------------|-----------|
| <b>Calcium</b>    | <b>15%</b> | • | <b>Iron</b>      | <b>2%</b> |
| <b>Phosphorus</b> | <b>10%</b> | • | <b>Magnesium</b> | <b>4%</b> |

Not a significant source of trans fat, dietary fiber, Vitamin A, or Vitamin C.

\* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

|                    | Calories  | 2,000   | 2,500   |
|--------------------|-----------|---------|---------|
| Total Fat          | Less than | 65g     | 80g     |
| Saturated Fat      | Less than | 20g     | 25g     |
| Cholesterol        | Less than | 300mg   | 300mg   |
| Sodium             | Less than | 2,400mg | 2,400mg |
| Potassium          |           | 3,500mg | 3,500mg |
| Total Carbohydrate |           | 300g    | 375g    |
| Dietary Fiber      |           | 25g     | 30g     |

Ingredients: Protein Blend (whey protein concentrate, whey protein isolate), Natural Flavors, Stevia, Branch Chain Amino Acid Blend (L-Leucine, L-Valine, L-Isoleucine), Papain and Protease.

Contains: Milk and Soy.

## Approximate Amino Acids per Serving

|               |         |
|---------------|---------|
| Alanine       | 1196 mg |
| Arginine      | 582 mg  |
| Aspartic Acid | 2619 mg |
| Cystine       | 614 mg  |
| Glutamic Acid | 3007 mg |
| Glycine       | 453 mg  |
| Histidine     | 485 mg  |
| Isoleucine*   | 1520 mg |
| Leucine*      | 2683 mg |
| Lysine        | 2231 mg |
| Methionine    | 517 mg  |
| Phenylalanine | 841 mg  |
| Proline       | 1358 mg |
| Serine        | 1164 mg |
| Threonine     | 1584 mg |
| Tryptophan    | 420 mg  |
| Tyrosine      | 744 mg  |
| Valine*       | 1423 mg |

\*Total BCAAs 5626 mg

## ALLERGEN WARNING:

Manufactured on equipment which processes products containing milk, eggs, soybeans, shellfish, fish oil, tree nuts and peanut butter flavor.

**BPA FREE**  
NON-TOXIC PLASTIC

MANUFACTURED IN A FACILITY WHICH FOLLOWS  
CURRENT GOOD MANUFACTURING PRACTICES

BE ALPHA AND RECYCLE

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