

Energize your day with complete nutrition

Backed by 100 years of innovation and packed with all the essential minerals plus 100% DV or more of every vitamin, with extra calcium plus iron, biotin, and folic acid, and our patented Bioactivated Absorption System™.

- + Supports heart, bone, immunity, energy*
- GLUTEN FREE

Contains vitamin K.

Seal under cap for your protection.

See bottom for exp. date.



NG582A



Multi+

Vita-Lea® Women

The perfect multi for energy, immunity, and healthy appearance.* Great as a pre- and postnatal.

Based on 7 clinical studies

DIETARY SUPPLEMENT | 120 TABLETS

DIRECTIONS: Take 2 tablets daily.

Supplement Facts

Serving Size: 2 Tablets

Servings Per Container: 60

	Amount Per Serving	% DV		Amount Per Serving	% DV
Total Carbohydrate	<1 g	<1%*	Iron (as ferrous fumarate)	18 mg	100%
Vitamin A (70% as beta-carotene from <i>Blekeslea</i> <i>trispora</i> and 30% as vitamin A acetate)	5,000 IU	100%	Phosphorus (as dicalcium phosphate)	350 mg	35%
Vitamin C (as ascorbic acid)	120 mg	200%	Iodine (as potassium iodide and sea kelp)	200 mcg	133%
Vitamin D ₃ (as cholecalciferol)	800 IU	200%	Magnesium (as magnesium oxide)	200 mg	50%
Vitamin E (as d-alpha-tocopheryl acid succinate and mixed tocopherols)	60 IU	200%	Zinc (as zinc gluconate)	15 mg	100%
Vitamin K (as phytonadione)	80 mcg	100%	Selenium (as trace mineral protein hydrolysate)	70 mcg	100%
Thiamin (as thiamine mononitrate)	1.5 mg	100%	Copper (as copper gluconate)	1 mg	50%
Riboflavin	1.7 mg	100%	Manganese (as manganese gluconate)	2 mg	100%
Niacin (as niacinamide)	20 mg	100%	Chromium (as trace mineral protein hydrolysate)	120 mcg	100%
Vitamin B ₆ (as pyridoxine hydrochloride)	2 mg	100%	Molybdenum (as trace mineral protein hydrolysate)	75 mcg	100%
Folate (as folic acid)	800 mcg	200%	Sodium	5 mg	<1%
Vitamin B ₁₂ (as cyanocobalamin)	6 mcg	100%	Nickel (as trace mineral protein hydrolysate)	15 mcg	†
Biotin (as d-biotin)	300 mcg	100%	Tin (as trace mineral protein hydrolysate)	10 mcg	†
Pantothenic Acid (as d-calcium pantothenate)	10 mg	100%	Silicon (as silicon dioxide)	2 mg	†
Calcium (as dicalcium phosphate)	450 mg	45%			

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, HYDROXYPROPYL METHYLCELLULOSE, CROSCARMELOSE SODIUM, SPIRULINA, HYDROXYLATED SOY LECITHIN, INOSITOL, CHOLINE BITARTRATE, ALFALFA POWDER, GRAPEFRUIT BIOFLAVONOID, HESPERIDIN COMPLEX, LEMON BIOFLAVONOID, ORANGE BIOFLAVONOID, RICE BRAN POWDER, ROSE HIPS POWDER, ACEROLA EXTRACT.

Distributed by Shaklee Corporation
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Product questions: 925.734.3638

No artificial flavors, sweeteners, colors, or preservatives added.

U.S. Patent No(s). 6,465,013;
6,852,335

Item #20288

WARNING: ACCIDENTAL OVERDOSE OF IRON-CONTAINING PRODUCTS IS A LEADING CAUSE OF FATAL POISONING OF CHILDREN UNDER 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. IN CASE OF ACCIDENTAL OVERDOSE, CALL A DOCTOR OR POISON CONTROL CENTER IMMEDIATELY.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSTIC, TREAT, CURE, OR PREVENT ANY DISEASE.

Manufactured in a facility that may also process tree nuts, milk, eggs, soy, wheat, shellfish, and fish.