

200 MG | 90 CAPSULES
DIETARY SUPPLEMENT

INDOLE-3-CARBINOL

WITH RESVERATROL & BROCCOLI EXTRACT



Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 90

Amount Per Serving	%DV
Indole-3-Carbinol	200 mg *
Broccoli Resveratrol Blend:	600 mg *
Broccoli (Brassica oleracea) (20:1 extract), Resveratrol, Chlorophyll.	

* Daily Value is not established.

Other Ingredients: Gelatin, rice powder, vegetable magnesium stearate, silica.

Directions: As a dietary supplement for adults, take one (1) capsule daily, preferably with a meal, or as directed by a health care professional.

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Caution: Pregnant or lactating women should consult a doctor before use. If you are under medical supervision, please consult a doctor before use. Discontinue use and consult a doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place.

Laboratory Tested And Manufactured For:

TOTAL NUTRITION, INC. • FARMINGDALE, NY 11735 USA

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