## The Perfect Ratio of Soluble & Insoluble Fibers

In nature, most plants contain both soluble and insoluble fibers which are essential for your body to maintain regularity and digestive health. However, most fiber supplements on the market only provide soluble fiber. Just like in nature, Fiber Trifecta™ delivers the perfect balance of soluble to insoluble fiber in a 3:1 ratio, to help you achieve proper balance. Fiber Trifecta has been formulated to meet your daily fiber needs. This product is free of sugars and additives. You can adjust your daily intake depending on your fiber needs.

### HEALTH ST LOGICS

Manufactured for: Health Logics Laboratories, Inc. Irvine, CA 92618 USA Health Logics Laboratories, Inc.

Certified Organic by SCS Global Services

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# FIBER TRIFECTA

**3 FIBER SOURCES** 3:1 SOLUBLE TO **INSOLUBLE RATIO** 

- Supports Healthy Digestion\*
- Supports Intestinal Health\*
- Supports Weight Management\*

Net Wt 5.82oz (165g)

**DIETARY SUPPLEMENT** 



# **Supplement Facts**

Serving Size: 1 Scoop (11g) Servings Per Container: 15

	Amount Per Serving	%DV
Calories	40	
Total Carbohydrate	7.5g	3%*
Dietary Fiber	7g	28%*
Soluble Fiber	5g	**
Insoluble Fiber	2g	**
Total Sugars	0g	**
Protein	<1g	**

\*Percent Daily Values are based on a 2,000 calorie diet. \*\*Daily Value (%DV) not established

Ingredients: Organic Chia Seed Powder, Organic Psyllium Husk, Sunfiber® AG (Organic Galactomannan fiber)

No Artificial Flavors, No Preservatives, No Gluten, No Yeast, No Added Sugars or Chemical Solvents.

Suggested Use: As a dietary supplement take anywhere from 1 to 4 scoops spread out throughout the day, preferably with a meal. Each scoop should be mixed with 8oz of water or other cool beverage.

NOTICE: This food should be eaten with at least a full glass of liquid. Eating this product without enough liquid may cause choking. Do not eat this product if you have difficulty in swallowing.

Do not use if safety seal is damaged or missing. Store in a cool, dry place with lid tightly closed. Keep out of the reach of children.

These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

