

Black Seed Oil has been used to promote health for thousands of years.*

In certain cultures, black cumin seed is known as the “seed of blessing.” Black Seed Oil is rich in polyunsaturated fatty acids, consisting of Linoleic Acid (Omega-6) and Oleic Acid (Omega-9). Black Seed Oil is made without the use of chemicals, alcohol, solvents or heat and extracted fresh by the “cold-pressed” method for maximum nutritional value.*

HEALTH LOGICS

Manufactured for:
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Certified Organic by SCS Global Services

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HEALTH LOGICS



BLACK SEED OIL™

ESSENTIAL FATTY ACIDS

100% PURE & ORGANIC CERTIFIED BLACK CUMIN SEED OIL

- A Rich Source of Omega 6 & 9*
- Promotes Healthy Immune Response*
- Promotes Digestive and Respiratory Health*

6 fl oz (180 ml)

DIETARY SUPPLEMENT



Supplement Facts

Serving Size: 1 Teaspoon (5 ml)
Servings Per Container: 36

	Amount Per Serving	% Daily Value**
Calories	45	Calories From Fat 45
Total Fat	5g	8%
Saturated Fat	1g	5%
Cholesterol	<3mg	<1%
100% Certified Organic Black Cumin Oil* (<i>Nigella sativa</i>) (seed)	5ml	†
Omega-6	2g	
Omega-9	0.8g	

**Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established

Free of: Gluten, soy, shellfish, fish, egg, milk, peanuts, & sugar.
GMO FREE

Suggested Use: As a dietary supplement, take 1 teaspoon daily with meals or as directed by your health practitioner. Great to use as a condiment to salad dressings, marinades, and sauces.

Store in a cool, dry place with lid tightly closed. Keep out of the reach of children.

Note: Consult your healthcare provider if you are pregnant or lactating, have a serious health condition, or are taking prescription medication.

* These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

