

GABA

GABA is an abbreviation for Gamma Amino Butyric Acid, the neurotransmitter used to inhibit electrical impulses in nerves, leading to inner calm and relaxed muscle. GABA is often used to facilitate sleep and has been scientifically demonstrated to show an increase in the amount of Growth Hormone produced by the brain. The beneficial effects of GABA are far reaching and profound. Users often report a subtle tingling sensation that may be uncomfortable so begin with a low dose and work up to the recommended dosage. **

**These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured For and Distributed By:
LIVELONG NUTRITION™
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LiveLong

GABA



BULK POWDER

100 Grams
DIETARY SUPPLEMENT

- Facilitates Natural Sleep**
- Increases Growth Hormone**
- Decreases Tension**

SUPPLEMENT FACTS

Serving Size: 1/2 Teaspoon (1g)
Servings Per Bottle: 100

	Amount Per Serving	%DV*
Gamma Amino Butyric Acid (GABA)	1g	†

*Percent Daily Values are based on a 2,000 calorie diet
† Daily Values Not Established

Other Ingredients: None

Suggested Use: As a dietary supplement, take 1-2 servings daily.
Always consult your physician before taking supplements.

WARNING: KEEP OUT OF REACH OF CHILDREN.
Consult your physician before using this dietary supplement. Do not use this product if you are at risk or are being treated for high blood pressure, heart, kidney, thyroid, or psychiatric disease, difficulty in urinating, prostate enlargement, anxiety, depression, seizure disorder, or stroke. Consult your healthcare professional before use if you are taking antidepressants, MAO inhibitors, or any other prescription drugs. Discontinue use and consult your healthcare professional if dizziness, sleeplessness, tremors, nervousness, headache or heart palpitations occur. Consult your healthcare practitioner before beginning any weight loss program.