



LiveLong

GMS

Glycerol Mono Stearate

- Increased Hydration**
- Increases Muscle Pump**
- Supports Endurance**

100 GRAMS (3.5 oz)
DIETARY SUPPLEMENT

Distributed By LIVELONG NUTRITION™
834 Piedmont hwy Piedmont, SC 29673

SUPPLEMENT FACTS

Serving Size: 2g (1/2 teaspoon)

Servings Per Container: 50

	Amount Per Serving	%DV*
Glycerol Monostearate	2g	†

*Percent Daily Values are based on a 2,000 calorie diet
† Daily Value Not Established

Other Ingredients: None.

Suggested Use: As a dietary supplement, take 1 serving, 1-2 times daily. Always consult your physician before taking supplements.

WARNING: KEEP OUT OF REACH OF CHILDREN.
Do not use this product if you are at risk or are being treated for high blood pressure, heart, kidney, thyroid, or psychiatric disease, difficulty in urinating, prostate enlargement, anxiety, depression, seizure disorder, or stroke. Consult your healthcare professional before use if you are taking antidepressants, MAO inhibitors, or any other prescription drugs. Discontinue use and consult your healthcare professional if dizziness, sleeplessness, tremors, nervousness, headache or heart palpitations occur.

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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