

5-HTP is a precursor to a neurotransmitter called serotonin. Serotonin is known to promote mental well-being. It is involved in mood, appetite, sleep, memory, and learning.†

Our 5-HTP 100 mg is derived from the seeds of the *Griffonia simplicifolia* plant, and is suitable for vegans and vegetarians.

**WE GUARANTEE OUR SUPPLEMENTS
FOR POTENCY AND PURITY**

To report a serious adverse event, call 1-888-710-0006

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



VILLAGE
VITALITY

Plant-Sourced

5-HTP
100 mg

Promotes Mental Well-Being*

Dietary Supplement

60 VEGETARIAN CAPSULES



Distributed by:
Village Vitality, LLC • Saugerties, NY 12487

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 60

Amount Per Serving

% Daily Value

5-HTP

(from *Griffonia simplicifolia*)(seed) 100 mg *

*Daily Value not established.

Other Ingredients: Modified cellulose, cellulose, magnesium stearate (vegetable source) and silica.

SUGGESTED USE: Take one capsule per day with or without meals, or as directed by your healthcare practitioner.

CONTAINS NO artificial colors, flavors, or preservatives, no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish. Suitable for vegans.

KEEP OUT OF REACH OF CHILDREN.

VL 754-60A