PRODUCT INFORMATION:

One capsule typically provides:

Tri-methyl glycine (as betaine monohydrate)

500mg

INGREDIENTS:

Tri-methyl glycine (as betaine monohydrate), capsule: hydroxypropyl methylcellulose*; bulking agent: microcrystalline cellulose; anti-caking agents: magnesium stearate*, silicon dioxide.

*(vegetarian source)

DOES NOT CONTAIN:

Artificial colours, flavourings or preservatives, corn, dairy products, gluten, lactose, maize, salt, soya, starch, wheat, yeast.

Suitable for vegetarians and vegas. This product is not tested on animals.



TMG
TRI-METHYL GLYCINE

ULTIMATE NUTRITION

FOOD SUPPLEMENT



TMG

✓ Betaine contributes to normal homocysteine metabolism (Beneficial effect obtained with a daily intake of 1.5g - a daily intake in excess of 4g may significantly increase blood cholesterol levels.)

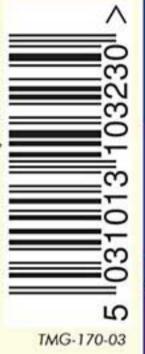
DIRECTIONS:

Take 1 capsule up to 3 times a day, 30 minutes before or 2 hours after meals, or as your health professional advises. Do not exceed recommended daily intake.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

STORAGE:

Store in a cool, dry, steam free environment out of reach of children.



TMG090

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