

## PRODUCT INFORMATION:

Two capsules typically provide:

|                     | %NRV*       |           | %NRV*     |
|---------------------|-------------|-----------|-----------|
| Vitamin C           | 25mg 31     | Iron      | 2.5mg 18  |
| Niacin (Vitamin B3) |             | Zinc      | 5mg 50    |
|                     | 30mg NE 188 | Copper    | 0.5mg 50  |
| Vitamin B6          | 6.6mg 471   | Manganese | 2.5mg 125 |
| Folic acid          | 120µg 60    | Selenium  | 60µg 109  |
| Vitamin B12         | 10µg 400    | Iodine    | 60µg 60   |
| Magnesium           | 50mg 13     | Tyrosine  | 900mg     |

\*NRV = Nutrient Reference Value

## INGREDIENTS:

Tyrosine, magnesium citrate, capsule: hydroxypropyl methylcellulose\*, natural kelp†, niacin (as nicotinamide), anti-caking agent: magnesium stearate\*; ascorbic acid, ferrous gluconate, zinc citrate, l-selenomethionine, manganese citrate, anti-caking agent: silicon dioxide; pyridoxine HCl, copper gluconate, folic acid, cyanocobalamin \*(vegetarian source) † May contain naturally occurring fish and crustacea.

## DOES NOT CONTAIN:

Artificial colours, flavourings or preservatives, dairy products, gluten, lactose, soya, starch, sugar, wheat, yeast

Suitable for vegetarians and vegans.

This product is not tested on animals.



# higher nature.

## THYROID SUPPORT FORMULA WITH IODINE & SELENIUM

ULTIMATE NUTRITION

FOOD SUPPLEMENT

60  
capsules

## THYROID SUPPORT FORMULA

- ✓ Iodine & selenium contribute to normal thyroid function.
- ✓ Tyrosine binds with iodine to synthesise thyroid hormones.

## DIRECTIONS:

Take 2-3 capsules a day, before food, or as your health professional advises. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

## WARNING:

Consult your doctor if you are under medical supervision. Not advisable if pregnant or in cases of melanoma, schizophrenia, high blood pressure or if taking MAO inhibitors.

## STORAGE:

Store in a cool, dry, steam free environment out of reach of children.

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