

Inositol.....	30 mg	*
Choline (bitartrate).....	275 mg	*
Lutein (LuteMax®).....	3 mg	*
Lycopene (Lyc-O-Mato®).....	2 mg	*
Zeaxanthin.....	75 mcg	*
Bilberry.....	50 mg	*
Grapeseed extract.....	20 mg	*
Saw palmetto (Serenoa repens) (berry).....	100 mg	*
Lemon bioflavonoid complex.....	10 mg	*
Cinnamon powder.....	100 mg	*
Tomato powder.....	10 mg	*
Pepsin.....	5 mg	*
Lipase.....	5 mg	*
Papain.....	5 mg	*
Bromelain.....	5 mg	*
Ginger.....	40 mg	*
Boron.....	200 mcg	*
Vanadium.....	2 mcg	*

* Daily Value not established.

Other Ingredients: Cellulose, magnesium stearate, (vegetable source), silicon dioxide, modified cellulose gum, stearic acid (vegetable source), betaine HCl, cinnamon oil, glycerin.

Keep Out of Reach of Children

SUGGESTED USE: Take 3 tablets daily, preferably with food.

These statements have not been evaluated by the FDA. This product is not intended to diagnose, cure or prevent any disease.

seniorlifehealth.com

Healthy Living Inc. Green Valley, NV 800-969-5131



SeniorLife
HEALTH

MEN'S MULTI 45 PLUS DAILY ESSENTIALS

Complete Nutritional Support
for Mature Men*



90 VEGETARIAN TABLETS

45+ Important Vitamins
Minerals & Supplements

Supplement Facts

Serving Size 3 Tablets

Amount Per 3 Tablets	% Daily Value	
Vitamin A (as beta-carotene).....	2500 IU	50%
Vitamin C (as ascorbic acid).....	300 mg	500%
Vitamin D3 (as cholecalciferol).....	400 IU	100%
Vitamin E (d-alpha tocopheryl succinate).....	75 IU	250%
Thiamin (as thiamine mononitrate).....	60 mg	4000%
Riboflavin.....	60 mg	3529%
Niacin (as nicotinic acid).....	30 mg	150%
Vitamin B6 (as pyridoxine HCl).....	60 mg	3000%
Folic Acid.....	800 mcg	200%
Vitamin B12 (as cyanocobalamin).....	400 mcg	6667%
Biotin.....	300 mcg	100%
Pantothenic acid (as d-calcium pantothenate).....	100 mg	1000%
Calcium (from calcium citrate).....	240 mg	24%
Iron (from ferrous fumarate).....	4 mg	22%
Iodine (from potassium iodide).....	150 mcg	100%
Magnesium (from magnesium oxide).....	200 mg	50%
Zinc (from zinc oxide).....	30 mg	200%
Selenium (from sodium selenate).....	200 mcg	286%
Copper (from cupric oxide).....	2 mg	100%
Manganese (from manganous gluconate).....	2 mg	100%
Chromium (from chromium chloride).....	200 mcg	167%
Molybdenum (from sodium molybdate).....	45 mcg	60%

CONTAINS NO sugar, starch, artificial colors or flavors, preservatives, wheat, gluten, grain, egg, or milk products.

LuteMax® is a trademark of Kancor.
Lyc-O-Mato® is a registered trademark of Lycopodium, Natural Product Industries, Ltd.

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