

As a dietary supplement, take 1 capsule daily or as directed by a healthcare professional.

Do not use if neck wrap is broken or missing. If pregnant or breast-feeding, ask a healthcare professional before use. Keep out of reach of children. Store at room temperature out of direct sunlight.



Phyto B Complex

Dietary Supplement

Rhodiola Rosea Extract and
Bioavailable Multi-B Vitamins

90 Capsules

¹Quatrefolic® is a registered trademark of Gnosis S.p.A Corporation, US Patent No: 7,947,662.

Supplement Facts

Serving Size: 1 capsule

Servings Per Container: 90

	Amount Per Serving	%DV
Thiamin (Vitamin B1, as Thiamine Mononitrate)	100 mg	6667%
Riboflavin (Vitamin B2, as Riboflavin-5'-Phosphate)	20 mg	1176%
Niacin (Vitamin B3, as Niacinamide)	100 mg	500%
Vitamin B6 (as Pyridoxal-5'-Phosphate)	50 mg	2500%
Folic Acid (Vitamin B9, as Methyltetrahydrofolate glucosamine salt) ¹	400 mcg	100%
Vitamin B12 (as Methylcobalamin)	300 mcg	5000%
Coenzyme B12 (as 5'-Deoxyadenosylcobalamin)	300 mcg	5000%
Biotin	300 mcg	100%
Pantothenic Acid (Vitamin B5, as Calcium-D-Pantothenate)	100 mg	1000%
Rhodiola Rosea Root Powder Extract	150 mg	*

* Daily Value (DV) not established.

Other Ingredients: Capsule (Hydroxypropyl Methylcellulose, Purified water), Dibasic Calcium Phosphate, Silicon Dioxide.

Distributed by Energetix Corp. Dahlonega, GA 30533

Questions? Comments? 800.990.7085 www.goenergetix.com

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