

Milk Thistle

Milk Thistle has been used almost exclusively to support excellent liver health. It is a very powerful antioxidant, and as such helps to remove toxic elements from the body. Add Milk Thistle to your liver protection regimen to achieve optimal nutrition performance.**

**These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured For and Distributed By:
LIVELONG NUTRITION™
834 Piedmont HWY
Piedmont, SC 29673

LiveLong™

Milk Thistle



- *Powerful Antioxidant***
- *Healthy Liver Support***
- *General Well Being***

100 Capsules
DIETARY SUPPLEMENT

SUPPLEMENT FACTS

Serving Size: 1 Capsule
Servings Per Bottle: 100

	Amount Per Serving	%DV*
Milk Thistle (80% Silymarin)	300mg	†

*Percent Daily Values are based on a 2,000 calorie diet

† Daily Values Not Established

Other Ingredients: Gelatin, Magnesium Stearate.

Suggested Use: As an herbal dietary supplement, take 1 capsule up to 3 times daily or as directed by a physician.

WARNING: KEEP OUT OF REACH OF CHILDREN.

Consult your physician before using this dietary supplement. Do not use this product if you are at risk or are being treated for high blood pressure, heart, kidney, thyroid, or psychiatric disease, difficulty in urinating, prostate enlargement, anxiety, depression, seizure disorder, or stroke. Consult your healthcare professional before use if you are taking antidepressants, MAO inhibitors, or any other prescription drugs. Discontinue use and consult your healthcare professional if dizziness, sleeplessness, tremors, nervousness, headache or heart palpitations occur. Consult your healthcare practitioner before beginning any weight loss program.