SUGGESTED USE: Stir one scoop into eight cunces of cold water until dissolved. Consume as needed, prior to, or after your workout. Do not consume more than one serving per day without consulting a health care practitioner.

CAUTION: Consult your healthcare practicioner before using this product if you are pregnant, nursing or under medical supervision.



AST AND EFFECTIVE



SPARES GLYCOGEN STORES, PERFECT FOR ENDURANCE ATHLETES



SUPPORTS ATHLETIC ENDURANCE*

BODY-STRENGTHENING MUSHROOM COMPLEX TO REACH YOUR PEAK'



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POWDER+

PROMOTES ATHLETIC ENDURANCE

ENHANCES WORKDUT RECOVERY TIME"



Dietary Supplement • Net Wt 10.86 OZ (8089)

SUPPLEMENT FACTS

Serving Size: 1 Scoop (9g) Servings per container: 28

Amount Per	Serving	%DV
Calories	15	
Total Carbohydrates	3 g	<1%
Organic Beet Root Powder	6 g	
Peak O2™ Mushroom Blend Cordyceps militari (Cordyceps)		

lucidum (Reishi), Pleurotus eryngii (King Trumpet), Lentinula edodes (Shiitake), Hericium erinaceus (Lion's Mane), and Trametes versicolor (Turkey Tail) (as Peak O/9)

"Percent Daily Values are based on a 2,000 calorie diet. "Daily Value not established.

Other ingredients: Citric Acid, Natural Flavor, Malic Acid, Enzyme Enhanced Stevia Extract.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING, STORE IN A COOL, DRY PLACE.