

PRODUCT INFORMATION:

One capsules typically provides:
Co-enzyme Q10

30mg

INGREDIENTS:

Proprietary mixture: co-enzyme Q10 with enzyme digested *Saccharomyces cerevisiae* (with **soya**), capsule: hydroxypropyl methylcellulose*; anti-caking agent: magnesium stearate*; anti-caking agent: silicon dioxide. *(vegetarian source)

All True Food® nutrients also contain B vitamins, beta glucans, glutathione, choline, inositol, amino acids and other phytonutrients naturally found in fermented food cultures.

DOES NOT CONTAIN:

Artificial colours, flavourings or preservatives, corn, dairy products, gluten, lactose, maize, salt, starch, sugar, wheat

Suitable for vegetarians and vegans.

This product is not tested on animals



higher nature®

TRUEFOOD®

60
CAPSULES

MAXI CO-Q10

FOOD STATE NUTRITION

FOOD SUPPLEMENT

TRUE FOOD® MAXI CO-Q10

Food State Nutrition -
Nutrients provided in a true
food form that your body
recognises as food.

DIRECTIONS:

Adults take 1 capsule a day,
with or between meals, or
as your health professional
advises. Do not exceed
recommended daily intake.

Food supplements should
not be used as a substitute
for a varied and balanced
diet and healthy lifestyle.

STORAGE:

Store in a cool, dry,
steam free environment
out of reach of children.

TCQ060
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TCQ-101-02

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