

GLUTEN FREE. No gelatin, yeast-derived ingredients, wheat, dairy products, eggs, or peanuts.

Keep out of reach of children. Safety sealed for your protection. Do not use if safety seal under child resistant bottle cap is broken or missing. Store at room temperature. Keep bottle tightly closed. Avoid excessive heat and direct sunlight.

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◆ LN15788.E01 BGM8747E



8 B-Vitamins
Gluten Free



Alive!

GUMMIES

**Multi-Vitamin
for Children**

**Orchard Fruits™ / Garden
Veggies™ powder blend
(100 mg per 2 gummies)**



60 GUMMIES • DIETARY SUPPLEMENT

Recommendation: Not for children under 2 years of age due to choking hazard. Children 2-3 years of age, chew 1 gummy daily. Children 4 years of age and older, chew 2 gummies daily. Instruct the child to chew gummies thoroughly before swallowing. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Gummy
Servings per Container 60 2 Gummies 30

Amount per Serving	% DV Ages 2-3 Yrs	% DV Ages 4+ Yrs
Calories	10	15
Total Carbohydrate	2 g 1%†	4 g 1%†
Total Sugars	1 g **	3 g **
Includes Added Sugars	1 g 4%†	3 g 6%†
Vitamin A (as retinyl palmitate)	225 mcg 75%	450 mcg 50%
Vitamin C (ascorbic acid)	30 mg 200%	60 mg 67%
Vitamin D3 (as cholecalciferol)	10 mcg 67%	20 mcg 100%
Vitamin E (as dl-alpha tocopheryl acetate)	5 mg 83%	10 mg 67%
Thiamin (as thiamin HCl)	150 mcg 30%	300 mcg 25%
Riboflavin	162.5 mcg 33%	325 mcg 25%
Niacin (as niacinamide)	2 mg 33%	4 mg 25%
Vitamin B6 (as pyridoxine HCl)	0.85 mg 170%	1.7 mg 100%
Folate	200 mcg DFE 133% (120 mcg Folic Acid)	400 mcg DFE 100% (240 mcg Folic Acid)
Vitamin B12 (as cyanocobalamin)	1.2 mcg 133%	2.4 mcg 100%

Amount per Serving	% DV Ages 2-3 Yrs	% DV Ages 4+ Yrs
Biotin	7.5 mcg 94%	15 mcg 50%
Pantothenic Acid (as D-calcium pantothenate)	1.25 mg 63%	2.5 mg 50%
Choline (as choline bitartrate)	5.5 mg 3%	11 mg 2%
Iodine (as potassium iodide)	37.5 mcg 42%	75 mcg 50%
Zinc (as zinc citrate)	1.1 mg 37%	2.2 mg 20%
Sodium	5 mg <1%	10 mg <1%
Orchard Fruits™ & Garden Veggies™ Powder Blend Orange, Blueberry, Carrot, Plum, Pomegranate, Strawberry, Pear, Apple, Beet, Raspberry, Pineapple, Pumpkin, Cherry, Cauliflower, Grape, Banana, Cabbage, Tomato, Açai, Asparagus, Brussels Sprout, Cranberry, Cucumber, Pea, Broccoli, Spinach	50 mg **	100 mg **
Inositol	20 mcg **	40 mcg **

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

‡Percent Daily Values are based on a 1,000 calorie diet.

**Daily Value not established.

Other ingredients: glucose syrup, sucrose, purified water, pectin, citric acid, sodium citrate, natural flavors, vegetable and fruit juice colors, coconut oil, carnauba wax