

CAL-MG COMPLEX™ features the preferred 2:1 ratio of bioavailable calcium and magnesium along with an excellent source of vitamin D3.

‡Adequate calcium and vitamin D throughout life, as part of a well-balanced diet, may reduce the risk of osteoporosis.

Consult your healthcare professional prior to use if you have or suspect a medical condition, are taking any medications, or are pregnant or nursing.

STORE IN A COOL, DRY PLACE. Keep out of reach of children. Do not use if seal is broken or missing. It is normal for this product to have a distinctive botanical aroma.

IMMEDIATE RELEASE

Cal-Mag Complex™

May reduce the risk
of osteoporosis‡

DIETARY SUPPLEMENT

300mg/150mg

300 TABLETS



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Suggested Use: Take one (1) tablet with a meal or snack, up to four times daily, or as directed by your healthcare professional.

Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet		% Daily Value
Vitamin D3 (as cholecalciferol)	10 mcg (400 IU)	50%
Calcium (as carbonate, citrate)	300 mg	23%
Magnesium (as oxide, citrate)	150 mg	36%

Other Ingredients: Vegetable wax (rice bran and/or carnauba), stearic acid (vegetable), Pacific kelp, modified cellulose gum, silica, and magnesium stearate (vegetable). **NO** sugar, preservatives, artificial color or flavorings.

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