PRODUCT INFORMATION:

One tablet typically provides:		%NRV
Selenium (elemental) as selenomethionine	200µg	364

* **NRV** = Nutrient Reference Value

INGREDIENTS:

Natural Lithothamnion calcarea; selenium (as selenomethionine prep.), anti-caking agent: silicon dioxide; anti-caking agent: magnesium stearate*; zein protein coating. *(vegetarian source)

DOES NOT CONTAIN:

Artificial colours, flavourings or preservatives, dairy products, gluten, lactose, soya, sugar, wheat, yeast.

Suitable for vegetarians and vegans.

This product is not tested on animals.

Jar 1 PET

Lid 5 PP

higher nature®

SELENIUM

OXIDATIVE PROTECTION

ULTIMATE NUTRITION

FOOD SUPPLEMENT

60 tablets

SELENIUM

- ✓ Selenium contributes to maintenance of normal hair & nails.
- ✓ Selenium contributes to normal thyroid function.
- ✓ Selenium contributes to the protection of cells from oxidative stress.

DIRECTIONS:

Take 1 tablet a day (children over 8 years, 1 every other day), with a meal, or as your health professional advises. Do not exceed recommended daily intake. A daily multivitamin is also recommended.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

STORAGE:

Store in a cool, dry, steam free environment out of reach of children.

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Higher Nature, Burwash Common, East Sussex, TN19 7LX, UK www.highernature.com