

PRODUCT INFORMATION:

Two tablets typically provide: %NRV*

Calcified seaweed	1000mg	
of which:		
- Calcium	300mg	38

*NRV = Nutrient Reference Value

INGREDIENTS:

Natural *Lithothamnion calcaria* (calcified seaweed), bulking agent: cellulose; anti-caking agent: vegetarian magnesium stearate.

DOES NOT CONTAIN:

Artificial colours, flavourings or preservatives, dairy products, gluten, lactose, salt, soya, sugar, wheat, yeast.

Suitable for vegetarians and vegans.

This product is not tested on animals.

higher nature.



SEA CALCIUM CALCIFIED SEAWEED

ULTIMATE NUTRITION

FOOD SUPPLEMENT

180
tablets

SEA CALCIUM

✓ Calcium is needed to maintain normal bones and teeth.

DIRECTIONS:

Adults Take 2-6 tablets a day, with a meal, or as your health professional advises. Do not exceed recommended daily intake. Sea calcium is best taken with Vitamin D.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

STORAGE:

Store in a cool, dry, steam free environment out of reach of children.

SEA180
112



SEA-086-01



Higher Nature, Burwash Common, East Sussex,
TN19 7LX, UK www.highernature.com