

BIOTICS[®] RESEARCH CORPORATION



Bio-B 100[™]

Special B-Complex
Dietary Supplement

180 TABLETS

RECOMMENDATION: One (1) to three (3) tablets three times daily as a dietary supplement or as otherwise directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry area.

Sealed with an imprinted safety seal for your protection.

NDC #55146-01133 Rev. 12/09

Supplement Facts

Serving Size: 3 Tablets

Servings Per Container: 60

	Amount Per Serving	% Daily Value
Thiamin (B ₁) (as cocarboxylase chloride)	1.5 mg	100%
Riboflavin (B ₂) (as riboflavin-5-phosphate)	1.7 mg	100%
Niacin (as niacinamide)	20 mg	100%
Vitamin B ₆ (as pyridoxal-5-phosphate)	2 mg	100%
Folate (as calcium folinate)	400 mcg	100%
Vitamin B ₁₂ (as methylcobalamin)	6 mcg	100%
Biotin	300 mcg	100%
Pantothenic Acid (as calcium pantothenate)	10 mg	100%
Superoxide Dismutase (from vegetable culture †)	60 mcg	-
Catalase (from vegetable culture †)	60 mcg	-

*Daily Value not established

Other Ingredients: Cellulose, stearic acid (vegetable source), magnesium stearate (vegetable source), and food glaze.

† Specially grown, biologically active containing naturally associated and/or organically bound phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperatures to preserve associated enzyme factors.

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Exp. Date: