

From the #1 in rutin<sup>a</sup> comes Country Life's Bio-Rutin Complex. Rutin is a bioflavonoid, a natural compound found in plants. Bioflavonoids function as antioxidants to help protect the body from oxidative stress.\*\* Bio-Rutin Complex contains a blend of bioflavonoids from fresh lemon, orange, and grapefruit peel along with rutin from the *sophorae japonica linri* flower. The rutin in this product is N.F. (National Formulary) grade which is the highest grade rutin available.

**\*\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

**YES** CERTIFIED GLUTEN-FREE BY GFCO.ORG  
**YES** CERTIFIED VEGAN BY THE AVA  
**YES** RECYCLABLE PACKAGING  
**YES** MANUFACTURING SUPPORTS WIND POWER  
**YES** KOSHER-PARVE  
**YES** CERTIFIED HALAL BY IFANCA

**NO** YEAST, WHEAT OR SOY  
**NO** MILK, SALT OR PRESERVATIVES  
**NO** ARTIFICIAL COLORS,  
FLAVORS OR SWEETENERS  
**NO** GMOs

Δ Based on SPINScan Natural, 52 Weeks ending 12/27/16.  
This product has been manufactured at a GMP Registered facility.  
Lot No:

Best by:



Dietary Supplement **60** Tablets

ESTABLISHED  
— 1971 —  
**Country Life**

# BIO-RUTIN COMPLEX

550 mg/500 mg

Certified Gluten-Free

- Supports antioxidant activity\*\*
- Helps support cardiovascular health\*\*

— Our PLEDGE of INTEGRITY —  
AUTHENTICITY • CLEANLINESS • FRESHNESS  
CONSISTENCY • ACCURACY

**Directions:** Adults take one (1) tablet daily with food. As a reminder, discuss the supplements and medications that you take with your health care providers.

## Supplement Facts

Serving Size 1 tablet

| Amount Per Serving                                                                                                                                 | % Daily Value |    |
|----------------------------------------------------------------------------------------------------------------------------------------------------|---------------|----|
| Calcium (as calcium carbonate)                                                                                                                     | 75 mg         | 8% |
| Citrus Bioflavonoid Complex Blend                                                                                                                  | 550 mg        | *  |
| providing:                                                                                                                                         |               |    |
| Lemon bioflavonoids (peel), grapefruit bioflavonoids (peel, pulp), orange bioflavonoids (peel), hesperidin (from lemon, grapefruit, orange) (peel) |               |    |
| Rutin (from <i>sophorae japonica linri</i> ) (flower)                                                                                              | 500 mg        | *  |

\* Daily Value not established.

Other Ingredients: Cellulose, stearic acid, organic coating (tapioca maltodextrin, sunflower lecithin, sustainable palm oil, guar gum), maltodextrin, silica, magnesium stearate. **CAUTION:** If you are pregnant, nursing, or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur. **Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.**

Manufactured by Country Life, LLC  
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)  
CountryLifeVitamins.com  
Product No. 7340