

Biotin is a water soluble B vitamin that supports the formation of keratin, a building block for skin, hair and nails.* Biotin also supports energy metabolism.*

Also available in 1,000, 5,000, and 10,000 mcg potencies.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

YES NON-GMO PROJECT VERIFIED
YES CERTIFIED GLUTEN-FREE BY GFCO.ORG
YES CERTIFIED VEGAN BY THE AVA
YES RECYCLABLE PACKAGING
YES MANUFACTURING SUPPORTS WIND POWER
YES KOSHER-PARVE
YES CERTIFIED HALAL BY IFANCA

NO YEAST, CORN OR WHEAT
NO SOY, MILK OR SUGAR
NO PRESERVATIVES
NO ARTIFICIAL COLORS, FLAVORS OR SWEETENERS

This product has been manufactured at a GMP Registered facility.

Lot No:

Best by:



BIOTIN

500 mcg

Certified Gluten-Free

Supports healthy hair, skin and nails*



Dietary Supplement 100 Tablets

Our PLEDGE of INTEGRITY
AUTHENTICITY • CLEARLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Directions: Adults take one (1) tablet daily with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care and lab providers.

Supplement Facts

Serving Size 1 tablet

Amount Per Serving	% Daily Value	
Biotin (as d-Biotin)	500 mcg (0.5 mg)	1,667%

Other Ingredients: Cellulose, stearic acid, silica, magnesium stearate, organic coating (organic tapioca maltodextrin, organic sunflower lecithin, organic palm oil, organic guar gum).

CAUTION: If you are pregnant, nursing, or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

Do not accept if seal is broken.
Store in a dry place between 59°-86° F.
Keep out of the reach of children.

Manufactured by Country Life, LLC
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Product No. 6501