

# HOLISTIC TREATMENT

**SUGGESTED USE:** For adults, take one (1) softgel two to three times daily, preferably with a meal.

No artificial flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish, Sodium Free.

If you are pregnant or breastfeeding, or taking any medications, consult your healthcare professional before using this product. Discontinue use and consult your doctor if any adverse reactions occur. **Keep out of reach of children. Do not use if outer seal is broken.**

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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## FLAX OMEGA

### Supplement Facts

Serving Size: 1 Soft Gel

|                                | Amount Per Serving | % DV |
|--------------------------------|--------------------|------|
| <b>Calories</b>                | 15                 |      |
| Calories from Fat              | 10                 |      |
| <b>Total Fat</b>               | 1 g                | 2%*  |
| Saturated Fat                  | 0 g                | 0%*  |
| Polyunsaturated Fat            | <1 g               | **   |
| Monounsaturated Fat            | 0 g                | **   |
| <b>Flaxseed Oil</b>            | 1,200 mg (1.2 g)   | **   |
| which typically contains:      |                    |      |
| Alpha-Linolenic Acid (Omega-3) | 540 mg             | **   |
| Linoleic Acid (Omega-6)        | 132 mg             | **   |
| Oleic Acid (Omega-3)           | 132 mg             | **   |
| Other Fatty Acids              | 60 mg              | **   |

\* Percent Daily Values are based on a 2,000 calorie diet.

\*\* Daily Value not established

Other ingredients: Gelatin, Vegetable Glycerin, Natural Caramel Color. **Shell Ingredients:** Gelatin, Vegetable Glycerin, Natural Caramel Color, Purified Water. (Total 470 mg)

Dietary Supplement | 120 SOFT GELS

MANUFACTURED IN A GMP COMPLIANT FACILITY