

**BUILD MUSCLE,
RECOVER FASTER AND
INCREASE STRENGTH
WITH BIO-GRO™!**

BIO-GRO utilizes BIO-PRO® Bio-Active Peptides (BAPs) which are cleaved protein fragments extracted from the highest grade bovine colostrum. The first ever to utilize a highly concentrated form of BAPs, BIO-GRO signals the body to amplify the muscle protein synthesis process, and as our clinical studies have shown, help you to recover faster, gain strength, and develop lean muscle more efficiently after intense workouts.*

To best amplify protein synthesis, use BIO-GRO twice daily as listed.

DAILY USAGE based on bodyweight					
<125 lbs	125-200 lbs	>200 lbs			
 AM	 AM	 AM			
 PM	 PM	 PM			



INSTANTIZED EASY MIXING



SUGAR FREE



GLUTEN FREE



STIMULANT FREE

iSatori. BIO-GRO™

PROTEIN SYNTHESIS AMPLIFIER

**BIO-ACTIVE
PEPTIDES**

**RECOVER
FASTER***

**INCREASE
STRENGTH***

**BUILD
MUSCLE***

DIETARY
SUPPLEMENT
NET WT 6.35oz (180g)

UNFLAVORED POWDER

**120
SERVINGS**

DIRECTIONS FOR USE: As a dietary supplement, adults mix 1 serving of BIO-GRO™ twice daily in 3-4 oz of liquid (such as amino acid, pre-workout drink, or protein shake) and thoroughly agitate or blend, or mix in soft food (yogurt, oatmeal, etc.). Follow daily usage chart for optimal results and ensure one serving is taken before, during, or after your workout. BIO-GRO is available as an unflavored or flavored powder that can be taken anytime with or without food. To be used as part of a resistance training program.

NOTICE: TESTED ATHLETES SHOULD CHECK WITH GOVERNING BODY(S) BEFORE USE.

Supplement Facts

Serving Size: 3/4 Scoop (1.5g)

Servings Per Container: Approx. 120

	Amount Per Serving	% DV*
Custom Engineered BIO-PRO® Bio-Active Peptides	1.5g	*
Extracted from Micro-Concentrated Colostrum, Yielding: Proline Rich Peptides, Growth Factors, Immunoglobulins, Lactoferrin, Fibroblast-GF		

* Daily Value not established

OTHER INGREDIENTS: Medium Chain Triglycerides, Sunflower Lecithin.

ALLERGEN INFORMATION: Contains milk product (Colostrum).

WARNING: KEEP OUT OF REACH OF CHILDREN. Do not use this product if you are pregnant, nursing, or contemplating pregnancy. If you, or your doctor, have any questions about this product, please call 1-866-688-7679. Not intended for individuals under the age of 18, unless instructed by a doctor. Consult a physician or healthcare provider before using this or any other dietary supplement or starting any exercise program. Exposure to moisture and humidity may cause clumping but will not affect product efficacy. Do not use if packaging has been tampered with. **STORE IN A COOL, DRY PLACE. AVOID EXCESSIVE HEAT.**

California Residents -

WARNING: Cancer and Reproductive Harm - www.P65Warnings.ca.gov/Food

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Made in the USA from International
and Domestic Ingredients.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

For scientific references, visit iSatori.com/BioGro