

PRODUCT INFORMATION:

½ teaspoon typically provides:
Methyl sulphonyl methane (MSM) 1200mg

INGREDIENTS:

Methyl sulphonyl methane (contains naturally occurring sulphur dioxide and sulphites).

DOES NOT CONTAIN:

Artificial colours, flavourings or preservatives, corn, dairy products, gluten, lactose, maize, salt, soya, starch, sugar, wheat, yeast.

STORAGE:

Store in a cool, dry, steam free environment out of reach of children. Naturally clumps, stir to break up.

Suitable for vegetarians and vegans.
This product is not tested on animals.



higher nature.



MSM POWDER DIETARY SULPHUR

ULTIMATE NUTRITION

FOOD SUPPLEMENT

200g
powder

MSM POWDER

- ✓ Easy to drink powder.
- ✓ Dietary sulphur, which is needed for collagen and keratin production.
- ✓ Key component of cartilage.

DIRECTIONS:

Adults take ½-2½ tsp (1.2-6g) in water, with meals throughout the day. Children over 8 ¼ tsp (0.6g) or as your health professional advises. Do not exceed recommended daily intake.

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

WARNING:

Initially may cause laxative effect. This is normal, drink water and reduce intake if symptoms persist.

Higher Nature, Burwash Common, East Sussex,
TN19 7LX, UK www.highernature.com

