## Ingredients

Glucosamine Sulphate 2KCL 400mg, Methyl Sulponyl Methane (MSM) 200mg, Omega 3 Fatty Acid concentrate 50mg, Marine Chondroitin Sulphate 40mg 90% (providing 36mg of active Chondroitin), Soy Lecithin 40mg, Magnesium 8mg (2% RDA), Zinc 10mg (100% RDA), Devils Claw Extract 30mg (4:1) equivalent to 160mg, Marine Collagen 20mg, Vitamin C provided by Ascorbic Acid 20mg (25% RDA), Phytosterol 90% 20mg providing 40% Beta-Sitosterol, Boswellia Serrata 10mg, Celery Seed Powder 10mg, Bromelain 10mg, Grapeseed Extract 10mg (95% Polyphenols), Manganese 2mg (100% RDA), Copper 1mg (100% RDA), Ginger Extract 4mg (20:1) equivalent to 80mg, Tumeric 2mg, Selenium 50mcg (90% RDA), Vitamin D3 1.5mcg (30% RDA), Beta Carotene 134mcg, Microcrystalline Cellulose, Silica, Magnesium Stearate, Stearic Acid.

## **Simply**Supplements

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## SimplyBest™

GluComplex<sup>™</sup> Gold
The Rolls Royce of Joint Supplements!
30 tablets



Unprecedented quality and purity

## Directions

For adults take one to two tablets daily as a food supplement or as directed by a healthcare professional.

Do not exceed stated dose. Store in a cool dry place. Keep away from children at all times.

Diabetics/Hypoglycemics should consult a doctor before using this product.

Not intended for under 18's.

Contains Shellfish.

Pregnant or Lactating women should consult a Doctor before using this product.

Food Supplement: This product should not be used as a substitute for a varied diet.

Caution: If under medical supervision please consult a doctor before use. Discontinue use if adverse reactions occur.