

PRODUCT INFORMATION:

Two capsules typically provide:

		%NRV*
Vitamin E (179iu)	120mg α -TE	1000
Vitamin C	50mg	63
Niacin (vitamin B3)	20mg NE	125
Vitamin B6	10mg	714
(as pyridoxal-5-phosphate and pyridoxine HCl)	5mg	
Magnesium	44mg	12
Zinc	5mg	50
Sage leaf 5:1 extract	105mg	
Hesperidin	100mg	
Schizandra berry extract 5:1	50mg	
Siberian Ginseng	50mg	
Hops	10mg	
Angelica archangelica	10mg	
Kelp	10mg	
Dandelion	10mg	

*NRV = Recommended Daily Allowance

INGREDIENTS:

Magnesium citrate, capsule: hydroxypropyl methylcellulose (carrageenan)*; d-alpha tocopheryl acid succinate, sage leaf 5:1 extract, hesperidin, vitamin C (as magnesium ascorbate), Siberian ginseng, schizandra berry extract 5:1, niacin (as nicotinamide), zinc citrate, vitamin B6 (as pyridoxal-5-phosphate, pyridoxine hydrochloride), hops pdr, angelica root pdr, natural kelp†, dandelion root pdr, anti-caking agent: magnesium stearate*; anti-caking agent: silicon dioxide. * (vegetarian source), pdr = powder †May not be suitable for people with a fish or crustacean allergy.

DOES NOT CONTAIN:

Artificial colours, flavourings or preservatives, dairy products, gluten, lactose, soya, starch, sugar, wheat, yeast.

higher nature.



MENOPHASE MENOPAUSAL SUPPORT

ULTIMATE NUTRITION

FOOD SUPPLEMENT

90
capsules

MENOPHASE

- ✓ Vit B6 contributes to the regulation of hormonal activity.
- ✓ Magnesium & Vit C contribute to a reduction of tiredness & fatigue.
- ✓ With sage, hops & kelp.

DIRECTIONS:

Take 2 capsules a day, with a main meal, or as your health professional advises. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

WARNING:

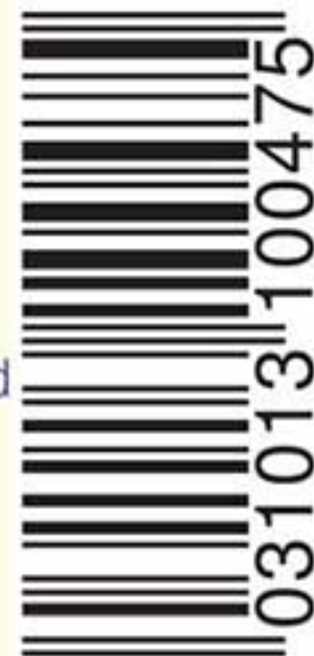
Not advisable if pregnant, breastfeeding or taking warfarin.

STORAGE:

Store in a cool, dry, steam free environment out of reach of children.

Suitable for vegetarians and vegans.
This product is not tested on animals

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