

PRODUCT INFORMATION:

One tablet typically provides:

	%NRV*		%NRV*
Vitamin A 400µg RE	50	Vitamin B12 2.5µg	100
Vitamin D2 5µg	100	Biotin 50µg	100
(Ergocalciferol)		Vitamin B5 6mg	100
Vitamin E 6mg α-TE	50	(Pantothenic Acid)	
Vitamin C 80mg	100	Magnesium 56mg	15
Vitamin B1 1.1mg	100	Iron 7mg	50
(Thiamin)		Zinc 10mg	100
Vitamin B2 1.4mg	100	Manganese 0.5mg	25
(Riboflavin)		Selenium 27.5µg	50
Vitamin B3 (Niacin) 8mg	50	Chromium 10µg	25
Vitamin B6 1.4mg	100	Iodine 75µg	50
Folic acid 200µg	100		

*NRV = Nutrient Reference Value

DIRECTIONS:

For children over 3 years chew 1 tablet per day. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle. Excessive consumption may produce a laxative effect.

WARNING:

Contains iron which, if taken in excess, may be harmful to very young children. Total content of iron per bottle is 630mg. These tablets are not sweets. B vitamins may turn urine bright yellow - this is normal.

Suitable for vegetarians and vegans.

This product is not tested on animals.

Higher Nature, Burwash Common, East Sussex,
TN19 7LX, UK www.highernature.com



90
TABLETS

higher nature. kids

VITAL VITS

CHEWABLE
MULTIVITAMINS
& MINERALS

fruity flavoured shapes

FOOD SUPPLEMENT

INGREDIENTS:

Sweetener: sorbitol, fructose, natural flavourings: orange, raspberry, mango, lemon, lime; magnesium oxide, ascorbic acid (emulsifier: hydroxypropyl methylcellulose, acid: tartaric acid); natural colourings: carotene (emulsifier: acacia gum; sunflower oil, antioxidant: ascorbyl palmitate; antioxidant: dl-alpha tocopherol; anti-caking agent: silicon dioxide), beetroot powder (acidity regulator: citric acid); sodium ascorbate, ferric pyrophosphate, nicotinamide (anti-caking agent: silicon dioxide); zinc oxide, anti-caking agent: silicon dioxide; anti-caking agent: stearic acid; anti-caking agent: magnesium stearate; d-alpha tocopheryl acid succinate, acidity regulator: malic acid; calcium d-pantothenate, pyridoxine HCl, acidity regulator: citric acid; vitamin A acetate (sucrose, stabiliser: corn starch; emulsifier: acacia gum; antioxidant: dl-alpha tocopherol; anti-caking agent: tricalcium phosphate); riboflavin, thiamine mononitrate, ergocalciferol (coating: ethylcellulose; antioxidant: mixed tocopherols); sweetener: steviol glycosides; manganese sulphate, cyanocobalamin, folic acid, potassium iodide, chromium picolinate, sodium selenite, d-biotin.

DOES NOT CONTAIN:

Gluten, lactose, dairy products, artificial preservatives, colours or flavourings

STORAGE:

Store in a cool, dry, steam free environment out of the sight and reach of children.



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