

PRODUCT INFORMATION:

Two capsules typically provide:

		%NRV*
Riboflavin (vitamin B2)	15mg	1071
Vitamin B6	50mg	3572
-as pyridoxine hydrochloride	15mg	
-as pyridoxal-5-phosphate	35mg	
Folic acid	400µg	200
Vitamin B12 (methylcobalmin)	500µg	20000
Zinc	10mg	100
Tri-methyl glycine	750mg	

*NRV = Nutrient Reference Value

INGREDIENTS:

Betaine monohydrate, capsule: hydroxypropyl methylcellulose*, colours: titanium dioxide, chlorophyllin; natural Lithothamnion calcarea, folic acid, pyridoxal-5-phosphate, zinc citrate, methylcobalamin, anti-caking agent: magnesium stearate*; anti-caking agent: silicon dioxide; pyridoxine hydrochloride, riboflavin. *(vegetarian source)

DOES NOT CONTAIN:

Artificial colours, flavourings or preservatives, dairy products, gluten, lactose, salt, soya, wheat, yeast.

Suitable for vegetarians and vegans.

This product is not tested on animals.

higher nature®



H FACTORS HOMOCYSTEINE & HEART NUTRIENTS

ULTIMATE NUTRITION

FOOD SUPPLEMENT

180
capsules

H FACTORS

✓ Vitamins B6 and B12, folic acid and TMG help support healthy homocysteine levels

DIRECTIONS:

Take 2-4 capsules a day, with a meal, for 12 weeks, then maintain at 1-2 capsules a day. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

WARNING:

B vitamins may turn urine bright yellow - this is normal. Long term intakes of this amount of vitamin B6 may lead to mild tingling and numbness.

STORAGE:

Store in a cool, dry, steam free environment out of reach of children.

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HHH-172-02



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