

- 4 Grams of BCAA's
- 1 Gram of L-Glutamine
- 1 Gram of Taurine

Alpha Carb is the perfect product for adding needed carbohydrates during and after any high intensity training. With a combination of 3 different carb sources including Cluster Dextrin, it is the ideal pre, intra and post workout carbohydrate supplement. We also included an extra serving of glutamine and BCAA's to help speed recovery.\*

**Suggested Use:** Mix one rounded scoop with 12oz of water. Vary the amount of liquid for taste preference.

**Allergen Warning:** Manufactured on equipment which processes products containing milk, eggs, soybeans, wheat, shellfish, fish oil, tree nuts, and peanut butter flavor.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

IMSOALPHA

# ALPHA CARB

## CARBOHYDRATE BLEND

with Cluster Dextrin

PRECISE BLEND OF CARBOHYDRATES WITH  
GLUTAMINE & A PERFECT 2:1:1 RATIO OF BCAA  
FOR INTRA/POST WORKOUT

**FRUIT PUNCH**  
Natural & Artificial Flavors

Dietary Supplement | Net wt 907g (2.0 lbs)

|                 |     |
|-----------------|-----|
| PER SCOOP       | 100 |
| CALORIES        |     |
| TOTAL CARB      | 25  |
| GRAMS           |     |
| TOTAL BCAA      | 6   |
| GRAMS           |     |
| TOTAL BCAA      | 4   |
| GRAMS           |     |
| TOTAL GLUTAMINE | 1   |
| GRAM            |     |
| TOTAL TAURINE   | 1   |
| GRAM            |     |

## Supplement Facts

Serving Size: 1 Rounded Scoop (33g)

Servings Per Container: 30

|                                       | Amount Per Serving | %DV |
|---------------------------------------|--------------------|-----|
| Calories                              | 100                |     |
| Total Carbohydrate                    | 25 g               | 8%* |
| Sugars                                | 6 g                | †   |
| Magnesium<br>(as Magnesium Citrate)   | 18 mg              | 5%  |
| Sodium<br>(as Sodium Bicarbonate)     | 70 mg              | 3%  |
| Potassium<br>(as Potassium Phosphate) | 95 mg              | 3%  |
| Maltodextrin                          | 15,000 mg          | †   |
| Dextrose                              | 5,000 mg           | †   |
| Cluster Dextrin                       | 5,000 mg           | †   |
| L-Leucine                             | 2,000 mg           | †   |
| L-Isoleucine                          | 1,000 mg           | †   |
| L-Valine                              | 1,000 mg           | †   |
| L-Glutamine                           | 1,000 mg           | †   |
| Taurine                               | 1,000 mg           | †   |

\*Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Natural and Artificial Flavors, Citric Acid, Malic Acid, Sucralose and Vegetable Juice Color.

DEVELOPED FOR AND DISTRIBUTED BY:

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