

PRODUCT INFORMATION:

One capsule typically provides:

Ginger rhizome standardised extract 300mg
(5% gingerols)

INGREDIENTS:

Ginger rhizome (Zingiber officinale) guaranteed standardised extract 10:1 (5% gingerols),
vegetarian capsule: hydroxypropyl methylcellulose
(gelling agent: gellan gum)

DOES NOT CONTAIN:

Artificial colours, flavourings or preservatives, corn,
dairy products, gluten, lactose, maize, salt, soya,
starch, sugar, wheat, yeast

Suitable for vegetarians and vegans.

This product is not tested on animals.



higher nature®

GINGER DIGESTIVE SUPPORT

ULTIMATE NUTRITION

FOOD SUPPLEMENT

60
capsules

GINGER

- ✓ Ginger helps to support digestion
- ✓ Ginger contains compounds called gingerols, which are responsible for its characteristic pungent odour and taste

DIRECTIONS:

Take 1 capsule up to 3 times a day, or 2 hours before travelling (children over 8 years take a maximum of 2 capsules a day with at least a 6 hour gap inbetween them). Do not exceed recommended daily intake. A daily multivitamin is also recommended. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

WARNING:

Caution if pregnant or planning pregnancy.

STORAGE:

Store in a cool, dry, steam free environment out of reach of children.

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