

higher nature®



**NO ARTIFICIAL
SWEETENERS**

VITAMIN C 1000mg

**20
effervescent
tablets**

FOOD SUPPLEMENT

VITAMIN C 1000mg

✓ Vitamin C contributes to the normal function of the immune system & reduction of tiredness & fatigue.

Natural orange with fruit sugar (fructose) & sweetener (stevia).

PRODUCT INFORMATION:

One tablet typically provides:	%NRV*
Vitamin C 1000mg	1250

*NRV = Nutrient Reference Value

INGREDIENTS: Citric acid anhydrous, L-ascorbic acid, fructose, sodium bicarbonate, acidity regulator: sodium carbonate; humectant: sorbitol; thickener: inulin; thickener: potato starch; natural flavouring: orange (carrier: potato maltodextrin; emulsifier: acacia gum; antioxidant: dl-alpha tocopherol); anti-caking agent: tricalcium phosphate; colours: red beet (carrier: potato maltodextrin; acidity regulator: citric acid), sweetener: steviol glycosides; riboflavin-5-phosphate sodium.

Suitable for vegetarians and vegans.

DOES NOT CONTAIN:

Artificial colours, flavourings, preservatives, acesulfame K, aspartame, saccharine or sucralose, dairy products, gluten, lactose, soya, wheat, yeast.

DIRECTIONS: Adults and children over 13 years take ½ - 1 tablet a day, children 3-13 years take ½ tablet a day, or as your health professional advises. Add to water; dissolves gently. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle. Store in a cool, dry, steam-free environment out of the reach of children.

Best before end: see base

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